**Warwickshire School Health and Wellbeing Service**

**Year 10 – Parental poor mental health/Domestic Abuse-Case Study- A**

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| **Name:** | **Anne Tomkinson****School Nurse** | **Warwickshire Area:** | **Rugby** |

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| **Please could you describe the issue the service user was experiencing and seeking advice for?** |
| School Health had previously seen this young person following concerns that they had raised in their Year 9 Health Needs Assessment questionnaire. The young person had indicated that his Father suffered from poor mental health and there are some domestic abuse concerns. The family were supported via Children Services but the case is now closed.  |
| **Please describe the care you provided:** |
| I was due to see the young person in school just as the Government directive to close schools during the Covid-19 outbreak occurred. I contacted school and requested if they would send a letter to the young person advising on how to contact School Health during the school closure. I was still concerned about the Government restrictions in place becoming a catalyst for Father’s poor mental health and the possibility of domestic abuse becoming a further concern. I contacted the Designated Safeguarding Lead at school to raise my concern that no professional was having sight of the young person during the school closures due to Covid-19 and the historical concerns of Father's poor mental health and domestic abuse concerns. I further raised my concern that the Government directive for people to remain in their homes during the Covid-19 outbreak may exacerbate Father’s poor mental health during the, the potential risk this poses for further domestic abuse concerns and the impact of this on the young person’s emotional health and wellbeing. School shared that they have a list of vulnerable young people that they are carrying out welfare checks with both over the telephone and visually (following Government guidelines of social distancing). School shared that they would add this young person to the list and contact them via telephone today.  |
| **Please describe the outcomes of the care provided to the service user:** |
| School shared that they had contacted they young person who was not very forthcoming with how they are coping during this very difficult time. School stated that they could hear the Father in the background and asked the young person if they had got the school on loud speaker. Father's response to this question indicated that the young person did have school on loud speaker. School were unable to obtain clarity in respect of Father’s mental health and had concerns that previously he had been reported to be frequently experiencing episodes of shouting in the early hours of the morning. School then spoke to Father who advised that he is struggling to feed his family and school are looking into support the family with food vouchers. School advised Father that they will be contacting the family again to check on them. Due to school being concerned during this telephone conversation they are planning a home visit to visually check on the young person and attempt to speak to them alone. The young person was also provided with a school mobile number that they are able to contact if they have any worries or concerns during the school closure.   |
| **Could you describe the impact of WSHWBS support on this particular contact:** |
| Outcomes:- Through the action undertaken by the School Health Team, the young person:* Is benefiting from knowing that professionals are supporting them.
* Is receiving immediate emotional health and wellbeing support.
* The family will be provided with support to purchase food.
* Is aware that professionals are continuing to monitor the concerns.
* Been provided with a safety net during the school closure i.e. School Health’s ChatHealth contact number and a school mobile number which they can contact if they have any worries and concerns during the school closure.
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