**Manchester Case Study**

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| **Name:** |  |  | **Manchester** |

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| **Please could you describe the issue the service user was experiencing and seeking advice for?** |
| * **Suicidal looked after young people x2 (one week)** * **Drugs overdose one looked after young person due to COVID stress** |
| **Please describe the care you provided:** |
| * **Telephone contact with suicidal looked after young people awaiting referrals to CAMHS** * **Support, advice, self-help, coping strategies, re-referral** * **Drugs overdose YP hospitalised after sharing with nurse had taken it** * **Discharged with SN and Looked after children’s nursing team to provide ongoing support whilst awaiting CAMHS offer** |
| **Please describe the outcomes of the care provided to the service user:** |
| * **CAMHS unable to accept referral so service left holding cases** * **Regular telephone contact agreed, clients report feeling less anxious and welcome the care and professionalism of the nurse** * **Knowing and having details given so can call SN/LAC nurse and other services when feeling low very welcome and felt ‘cared for’** |
| **Could you describe the impact of your intervention:** |
| * **Lowered levels of worry, anxiety and diluted suicidal feelings/intent** * **Re-referral to CAMHS accepted (though no service offers just now)** * **Clients motivated to self-help and seek help** * **All YP feel supported by nursing services and able to access in furture** |