**DONCASTER SCHOOL NURSING SERVICE**

**Case Study**

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| **Name:** |  |  | **RDASH NHS FT** |

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| **Please could you describe the issue the service user was experiencing and seeking advice for?** |
| **Suicidal young person contacted school nursing team via Instagram SN account.** **Self-reported** * **Feeling anxious/worried**
* **Shared that her friend also feeling suicidal and no-one to talk to**
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| **Please describe the care you provided:** |
| * **YP encouraged to book onto SN service ‘E’ clinic**
* **YP friend advised the same**
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| **Please describe the outcomes of the care provided to the service user:** |
| * **Motivational interviewing, therapeutic conversation and developing of self-empowerment/self -care through virtual medium resulted in both Young people booking onto SN service ‘E’ clinic**
* **Both developed an agreed plan with SN via further virtual clinic**
* **Fortnightly (brief intervention) sessions agreed -first compliant and successful**
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| **Could you describe the impact of your intervention:** |
| * **Clients compliance would indicate that they value the school nurse, the virtual offer has enabled them to open up and has motivated from point of feeling suicidal to being open to conversation and accessing help**
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